

ENTREES

Miso Glazed Grilled Salmon 5oz 17.99 / 7oz 20.99

Topped with fried rice noodles & green onions served with citrus rice pilaf & fresh vegetables

Chipotle Marinated Flank Steak 5oz 15.99 / 7oz 18.99

Topped with frizzled onions & pico de gallo served with citrus rice pilaf & fresh vegetables

Pan Seared Rosemary Chicken 15.99 / 17.99

Artichoke, mushrooms, sun dried tomatoes, garlic, white wine, fresh herbs finished with a touch of cream with citrus rice pilaf & fresh vegetables topped with Parmesan

Chicken Piccata 15.99 / 17.99

Dusted with flour pan seared and finished in a lemon, caper & white wine sauce with citrus rice pilaf & fresh vegetables

Fish & Chips 3pc 16.99 2pc 13.99

Alaskan true cod made with panko crust served with coleslaw &

Taco Del Mar 12.99

Crispy fried or grilled cod, shredded cabbage, cheddar & jack cheese, diced tomato & chipotle lime sauce; wrapped in a garlic herb tortilla. Served with battered fries

ENTREE SALADS

Grilled Chicken Spinach Salad Full 16.99 /12.49

Sautéed red peppers, red onions, & mushrooms over fresh spinach tossed with our house poppy seed dressing, bleu cheese crumbles, & candied walnuts

Shrimp Louis Full 16.99/12.49

Bay shrimp, hardboiled egg, tomatoes, olives served over shredded lettuce

Baja Crunch Bowl 10.99

Fresh shredded lettuce topped with pepper jack & cheddar cheese black bean salsa in a crisp tortilla bowl with chipotle ranch dressing

Add pulled pork, seasoned taco meat ground chicken or beef 3.99

Add 5oz marinated flank steak 5.99

Traditional Cobb Salad 16.99/12.49

Fresh greens topped with pulled chicken, bacon bits, tomatoes, avocado, olives, hardboiled egg & bleu cheese crumbles

Chef Salad 15.99/11.99

Spring mix greens topped with ham, turkey, tomatoes, olives & a hardboiled egg

Classic Caesar Salad 9.99/6.99

Crisp romaine tossed in our classic caesar dressing, parmesan & croutons

Add 5oz grilled or blacken salmon 6.99

Add 5oz marinated flank steak 5.99

Add 4oz bay shrimp or grilled chicken 3.99